

NHS Cheer Clinic



Come work on your skills with the Cheerleaders of Needham High School!

LEARN: JUMP DRILLS | MOTIONS | CHEERS | DANCE | STUNTING | TUMBLING

- Ages 5+
- Clinic Date: 3/24/2018 & 4/28/2018
- Time: 2:00 PM - 5:00 PM
- Cost: \$40/clinic or \$70 for both (payment required for both at the first clinic)
- Payment: Cash or Checks made payable to: Touch Down Club, NHS Cheer
- Attire: shorts, t shirt, sneakers, hair pulled back in ponytail, no jewelry
- Includes: pizza and refreshments

Athletes interested in trying out for our upcoming season are strongly encouraged to attend.

Clinic Registration: Please complete and bring this with you

Participants Name: _____ Age: _____

Emergency Contact: _____

Emergency Contact Phone Number: _____

Do you Cheer for AYC? Y OR NO

Does your child require an inhaler or epipen?

YES OR NO

If yes, please bring this as well as detailed instructions to the clinic to turn into the coaches. Please clearly print your child's on it and plan to meet with the coaches prior to the start of the clinic

Does your child have any dietary restrictions that would prohibit them from having pizza?

YES OR NO

If yes, please bring a snack for your child

Questions? Please email nhsvarsitycheer@gmail.com